

THE RISING CONSCIOUSNESS
HOW TO SUCCESSFULLY LIVE IN TWO WORLDS AT ONCE
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The two worlds! The world experience: perception of third dimension and the experience of multi-dimension. On this planet earth, almost entirely since its inception, consciousness has evolved within and expressed from the third dimensional, material realm. It is now time in history that the earth vibration is shifting into a fifth dimensional perception and ultimately a multi-dimensional perception. Let us explain the difference between third dimension and what will be ultimately the multi-dimensional experience:

In third dimension things seem very plain and very clear. When you perceive through third dimensional eyes you see only solidity. You see expression as thought manifested in solid forms. You think rationally. You play the game rationally and everything becomes a charted course. You have detail and you can pin point the make-up of very intricate concepts and things. Composure. You can take things apart, analyze them, and put them back together. Only within third dimensional consciousness is there enough time to take things apart, extremely.

You are now at a crossroads. Your planet is shifting into a fifth dimensional perception and time is speeding up. Fifth dimension includes the experience of third dimension but does not single it out as the only experience. Therefore, form is obvious but it takes on a different perspective. In fifth dimensional consciousness we operate more from a place of gratitude, of surrender, of non-attachment, of love, and of grace. We live more from the experience of the elements rather than from an analytical place where everything is broken down and examined.

The sequence of time becomes much less important. What you do in your daily experience becomes less important and therefore ultimately more important. What does this mean? It means that your daily routine no longer matters from your awareness in fifth dimension. You may simply be doing tasks that propel and give more credence to third dimension. As you move more thoroughly into your multi-dimensional awareness these tasks become less important. However you continue to do these tasks knowing that, to get from one place to the other, you must continue the routine. In that

regard it is very important that you keep the cycle of third dimension going, yet begin to perceive from the higher awareness.

Therefore, everything in your experience takes on a different light, a different meaning. You will not be as controlled by your experience because you have within your conscious awareness, a multi-dimensional perspective on any issue with which you wish to work. Those tasks that you previously avoided and had chosen not to experience (because they may have been too tedious, too painful or non-important to your third dimensional awareness of being) will be simple and easily accomplished from a fifth dimensional perception. There will be no point to any of it yet the third dimensional realm must be kept alive and separately recognized until a full grasp of multi-dimensionality has occurred.

This means then, that many light workers may be in disguise as the paupers and the players (in everyday common places) on your earth plane. You will find them working most diligently at tasks that may seem trivial and unimportant. They keep the awareness of the importance of the whole within consciousness and continue to do what is ever necessary for them to do. This is how you will begin to live in both worlds at once.

Multi-dimension will give you access to all dimensions, to all consciousness within the third dimensional framework. If you happen to be in conflict with another you will be able to pull information from realms other than your third dimension for clarification. You will know things that you did not know before. You will sense the totality of life, as you never have before. This is an automatic. This is a given experience at this time on the earth plane. You have chosen as a group to partake in this experience. That is why you are here now.

You will begin to see things never as you have seen them before. You will begin to just do your experience instead of manipulate and control. You will begin to express yourself in a different way. You will begin to perceive yourself in a different way. You will begin to know God¹ as a many-layered experience.

¹ By "God" I am referencing that Higher Power or force that most religions regard as the creative energy which is beyond the knowledge of the personal self. This is the label I use at it is the most Universal, but I include all deities from any belief.

God energy is filled with frequency and light. This breaks down to a multi-dimensional experience. When you take certain frequencies, certain energies, and certain light into awareness, you will experience different dimensions or perceptions than you would with certain other frequencies, energies and light. That is how you come to the multi-dimensional place. You will combine these things to make a different experience within your own experience. You will do this as a group experience, and you will learn how to be within multi-dimension at the same time that you play the third dimensional game. Yes, it is a game that you play. You have chosen to play but the paradox is that you could leave at any time. You may feel miserable in your experience *at this time* but yet you keep choosing to have the experience *at this time* or you would not be here now.

This may make you feel anger. Anger is a frequency and if you energize the frequency you could have an explosive experience. Once you shed light on the anger frequency and energy, it will become a different experience. You may still be angry but you will understand your anger and you will function differently than if you kept it in the dark, or rather unexposed to your awareness.

Your experiences will become multi-level, multi-layered as you progress. Therefore some very strange occurrences may come into being. Because the Universe is synchronistic in its operations you will receive exactly what you need at any given time and space. Therefore complaining will get you nowhere. You will eventually accept your destiny as a player in this third dimensional game. You will (because of responsibility) take the third dimensional experience into the multi-dimensional awareness and you will play from there. The game of Monopoly from the third dimensional experience is just a win or loose opportunity. But from the multi-dimensional awareness a game of Monopoly is symbolic of many things and can take you many places. So do not limit the learning that you can accomplish by playing a game of anything.

Multi-dimensional awareness requires that you pay attention to many layers of consciousness at once. Due to the energy shift on this earth you will experience multi-levels of consciousness simultaneously. For instance, you may be cooking dinner and find that the aroma triggers an ecstatic feeling within you. You will notice that your senses have been stimulated by this aroma and when you are in this stimulated place, you are having a heavenly experience. Through your sense of smell you have been brought closer to the energy of God, of the All-That-Is. Therefore the multi-dimensional Self has gotten your attention. You are experiencing reality on more than one plane of consciousness.

It is not just about the food that you prepare, it is about the intention that you cook it with and the outcome of the entire food experience. Eating can be strictly a third dimensional activity. You eat to feed your body, but you can also nourish your soul through the third dimensional experience and that becomes the multi-dimensional reality.

When you wake up to the multi-levels of consciousness you will begin to experience your world in a much different fashion. You will see things in a way that many others do not see them. You will see layers of dysfunction that others do not. Yet you will see layers of beauty that others do not. It is suggested then, that you not blindfold yourself (ignore, deny or run away) to the dysfunction but work with light and energy in meditation to bring those layers of dysfunction to a healing place, taking care of them and bringing them to the place where beauty exists. The people around you who do not yet understand multi-dimensional consciousness are simply not as aware as you might be. They need prodding. They need explanations. They need you to love them. Communicate from your truth and your truth only.

Never try to enforce a way of believing or living upon another person. This does not mean that you do not go forward in your own life and consciousness. What this means is that you will become more self indulged and ultimately more self actualized as you get into this. You will concentrate more on what your personal needs are in this multi-dimensional experience, and you will ask in prayer, and work with meditation to have those needs met. Your needs will not be minimal. They will be extreme, but they will be loftier than they were before. You will need to integrate your third dimensional reality with your multi-dimensional reality so that you can bridge the gap. Your needs will become more explicit and more plentiful. Do not let the voice of the martyr talk you into not asking for what you need. A bit of selfishness is required in this next experience.

Begin to think of Self as a co-creator with the Divine Source. Begin to know your Self as co-creator with God. When you begin to know this you will act upon it by asking in prayer and meditation that these needs be met so that you may know more of your Divinity. Then you will begin to receive messages in both subtle and overt ways. Your experience for a time may seem insane, for according to the societal structure that was previously developed (and of which you are part of) it is insane. Multi-dimension has a very different structure than third dimension. Multi-dimension allows all creation to work within it. Third dimension (or a focus on third dimension) allows only the

structure of third dimension to play the game. This becomes rigid and locked in. Third dimension, on its own, would not exist. It is the power of the multi-dimension which keeps third dimension alive and well. We do not say that you can not have a third dimensional experience and remain very healthy within this experience. We say that third dimension without the conscious awareness of the multi-dimensional reality will become sick.

Third dimension is just a part of multi-dimension. It seems to play the biggest part in your reality (or awareness of your reality) but soon will play the more moderate part of your world. It is during this shifting time that you may have struggle. We suggest that the surrender energy be used as a major part of your experience at this time. Let it go. Let it go. Let it go.

As you let your perception of the way that it must be fade away then you will allow the total experience. You will release any controls or holds on a structure that no longer suits the whole of what you are becoming. You will let it go and let God. You will allow the multi-dimensional experience to take its hold in your life. You will perceive differently. You will act differently. You will emote differently. You will not play the game in the same way. You will love more completely and you will enjoy more thoroughly. There is much more to enjoy from a multi-dimensional awareness than there is by staying locked into a third dimensional awareness.

When you can see things for what they are instead of for only part of what they are, then you will appreciate and enjoy more thoroughly the reality of this place. So Be It.

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